

Dawson Creek Sneak X-Country Meet
Saturday, October 17, 2009

Location: Kin Park - 110th Avenue. Central Middle School will be open for washroom facilities.

<u>Categories</u>	<u>Distance (Approximate)</u>
1. Grade 1 to 3 (boys & girls)	1 200 m
2. Grade 4 to 6 (boys & girls)	1 600 m
3. Grade 7 to 9 (boys & girls)	3 000 m
4. High School (girls)	4 000 m
5. High School (boys)	7 000 m
6. Open and Masters	7 000 m

Start time: the first category will run at 11:00 am. The other categories will begin when the previous race is complete.

Course: Races start by the baseball diamonds and then follow the edge of the park. Most of the route is on grass. Maps are on display at the start/finish line.

Entries: Please email your entries to the address below before race day. Day of race registration is available and takes place in Kin Park at the race site.

Entry fees: \$5 per athlete in advance. \$7 for race day registration. (cheques payable to Central Middle School)

Awards: Ribbons will be awarded to the top 8 Boys/Men and top 8 Girls/Women in each event.

For more information contact: Trevor Kolkea at:

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