

2009 GrailQuest Cross Country Running Race
 Ft St John, BC – Sept 26,2009
 5 km Distance

Masters II Men

Charles Helm	1	21:58.6
Gord Harris	2	22:34.8
Jamie Maxwell	3	27:45.5
Roger St. Jean	4	28:21.6
Owen Giebelhaus	5	28:45.5
Bob Corrigan	6	31:31.0

Masters II Women

Cathy Clement	1	27:50.9
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Masters Men

Eric Wolf	1	20:42.8
Chris Jungen	2	24:16.2
Dave Sloan	3	24:21.1
Stephen Petrucci	4	25:51.9
Steven Amor	5	26:07.3
Brian Campbell	6	31:41.7

Masters Women

Leslie Proudfoot	1	23:26.7
Lisa Boda	2	25:25.9
Stacey Jungen	3	25:26.9
Birgit Sharman	4	26:55.8
Dawn Bird	5	27:51.1
Linda Helm	6	29:01.7
Shannon Thompson	7	30:55.0
Lori Bonertz	8	31:11.8
Maritza McLeod	9	44:54.2
Cathy Vollweiter	10	44:55.7
Margo Rouble	11	47:04.0
Starr Guliov	12	47:07.5
Tammy Danshin	13	47:24.6
Tonya Silver	14	47:25.0
Trinda Tarling	15	48:15.2

Open Men

Asher Klassen	1	21:21.4
Greg Amos	2	22:29.6
Andrew Spence	3	24:12.9
Cory Bird	4	26:32.2
Tim Ylagan	5	33:25.8

Open Women

Kyreen Davidson	1	21:52.5
Rebecca Pimm	2	22:04.3
Lana Blais	3	25:29.3
Renee Kylo	4	29:14.9
Sarah McLeod	5	30:36.6
Melanie Chapple	6	33:36.4
Dimity Duckworth	7	33:37.3
Jennifer Ylagan	8	34:07.5
Meghan Haugen	9	38:12.4
Becky Newsham	10	38:22.6
Lianne Lavalley	11	38:36.9
Kristen Ramsey	12	46:03.4
Aleisha Hendry	13	47:20.4

High School Boys

Jack Carrigan	1	21:06.4
Kevin Waldie	2	21:54.1
Torleif Laansgard	3	22:36.0
Micheal Ryder	4	24:12.0
Stanley Mahan	5	25:29.6
Dakota Maltair	6	25:39.4
Dusty Bruhs	7	27:59.9

High School Girls (3 km)

Kelsey Legault	1	14:55.9
Carina Helm	2	15:20.4
Natalie Sharman	3	15:43.3
Crystal Fry	4	16:30.3
Chasity Mohan	5	17:49.1
Amanda Thompson	6	17:53.1
Kayla Hardy	7	17:54.1
Emily McKeeman	8	19:16.0
Murphy Taylor	9	19:48.4

Junior High School Boys (3 km)

Frank Beaulieu	1	14:15.2
Keenan Render	2	14:39.5
Simon Edelmann	3	14:42.0
Lucas MacLean	4	15:19.1
Alex Mowat	5	16:01.4
Joseph Sylvain	6	16:01.4
Anton Wolf	7	17:09.3
Alec Burchell	8	17:21.9
Jordan Sandberg	9	17:48.0
Gavin Penson	10	19:57.5

Junior High School Girls (3 km)

Samantha Klassen	1	31:21.90
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Senior Elm Boys (1.5km)

Joshua Sylvain	1	05:46.1
Jacob Lang	2	05:48.6
Elias Thompson	3	05:49.1
Liam Mackey	4	06:12.4
Connor Dacosta Blais	5	06:20.5
Tyler McElderry	6	06:23.4
Dexter Keith	7	06:47.7
Isaac Jungen	8	06:48.6
Cody Bird	9	07:00.6

Senior Elm Girls (1.5km)

Danielle Harder	1	05:57.8
Sarah Graham	2	06:00.6
Chloe Graham	3	06:13.8
Lexie MacLean	4	06:47.1
Ashley Schweitzer	5	06:47.9
Allison Pilgrim	6	07:10.6
Jessie Sylvain	7	07:14.4
Darien Probst	8	07:15.5
Haley Friesen	9	07:26.3
Catherin Ross	10	07:28.7
Marnie Klassen	11	07:39.4
Kayla Lavalley	12	07:41.3
Darian Lavalley	13	07:52.4
Alyssa Lavalley	14	07:58.4
Aimee Lavalley	15	08:00.2
Rachelle Mackey	16	08:01.7

Junior Elm Boys (1.5km)

Connor Bowie	1	06:51.0
Jordan Sylvain	2	07:08.1
Cole Lavalley	3	07:08.4
Wyatt Schweitzer	4	07:08.9
Nate Burchell	5	07:35.1
Jacob Jungen	6	09:12.6

Junior Elm Girls (1.5km)

Mariah Kylo	1	07:06.2
Emma Lang	2	07:37.3
Jerika Cadieux	3	09:12.1
Pacey Keith	4	09:13.8
Jaycee Bird	5	09:15.5
Faith Jungen	6	09:21.6
Mia Cook	7	09:22.9
Thea Mackey	8	09:24.7