

## Don't Get Lost in the Woods 1/2 Marathon & 10K Participant List

Race #	Last Name	First Name	Sex	Run	Walk	Distance	Category	Time	Pace / KM	Pace / Mile
1041	Thompson	Shannon	F	X		10K	Master I Female	1:00:44	06:04	09:47
1018	Matheson	Melanie	F	X		10K	Masters I Female	0:56:14	05:37	09:04
1007	Francis	Tania	F	X		10K	Masters I Female	0:57:20	05:44	09:14
1060	Koleba	Chris	F	X		10K	Masters I Female	0:57:25	05:44	09:15
1064	Whitford	Belinda	F	X		10K	Masters I Female	1:01:47	06:10	09:57
1004	Conway	Karen	F	X		10K	Masters I Female	1:01:59	06:11	09:59
1010	Green	Shelia	F	X		10K	Masters I Female	1:03:30	06:21	10:14
1059	Wiebe	Darla	F	X		10K	Masters I Female	1:05:36	06:33	10:34
1001	Beilman	Ruth	F	X		10K	Masters I Female	1:06:55	06:41	10:47
1026	Schultz	Monika	F	X		10K	Masters I Female	1:09:31	06:57	11:12
1015	Lowe	Diane	F	X		10K	Masters I Female	1:12:37	07:15	11:42
1033	Wiebe	Lena	F	X		10K	Masters I Female	1:30:17	09:01	14:33
1052	Hillbom	Lindsay	F	X		10K	Masters I Female	2:03:19	12:19	19:53
1005	Corcoran	Bill	M	X		10K	Masters I Male	0:46:04	04:36	07:25
1054	Houssain	Drake	M	X		10K	Masters I Male	0:46:04	04:36	07:25
1053	Hillbom	Bruce	M	X		10K	Masters I Male	0:52:17	05:13	08:25
1056	Hansen	Colin	M	X		10K	Masters I Male	0:54:11	05:25	08:44
1025	Ropchan	Garry	M	X		10K	Masters I Male	0:56:43	05:40	09:08
1063	Hawkins	Tyler	M	X		10K	Masters I Male	1:05:52	06:35	10:37
1037	Padayas	Anil	M	X		10K	Masters I Male	1:06:59	06:41	10:48
1028	Stoby	Darrell	M	X		10K	Masters I Male	1:07:39	06:45	10:54
1048	Plum	Francis	M	X		10K	Masters I Male	1:15:01	07:30	12:05
1023	Murray	Sandra	F	X		10K	Masters II Female	1:16:34	07:39	12:20
1051	Mitchell	Linda	F	X		10K	Masters II Female	2:03:19	12:19	19:53
1057	Morgan	Michael	M	X		10K	Masters II Male	0:50:17	05:01	08:06
1009	Gerzanich	Peter	M	X		10K	Masters II Male	0:52:56	05:17	08:32
1062	Maxwell	James	M	X		10K	Masters II Male	1:01:12	06:07	09:52
1036	Galenza	Bruce	M	X		10K	Masters II Male	1:03:04	06:18	10:10
1055	Kuhn	Richard	M	X		10K	Masters II Male	1:03:23	06:20	10:13
1014	Larson	Tasha	F	X		10K	Open Female	0:59:44	05:58	09:38
1019	Matier	Mandy	F	X		10K	Open Female	0:59:46	05:58	09:38
1013	Johnson	Rhonda	F	X		10K	Open Female	1:03:25	06:20	10:13
1058	Ginther	Vinessa	F	X		10K	Open Female	1:03:25	06:20	10:13
1061	Dunham	Vashti	F	X		10K	Open Female	1:04:56	06:29	10:28
1024	Pollock	Ashlee	F	X		10K	Open Female	1:05:26	06:32	10:33
1011	Ingram	Melissa	F	X		10K	Open Female	1:07:03	06:42	10:48
1029	Taylor	Alicia	F	X		10K	Open Female	1:11:12	07:07	11:29
1031	Wathen	Jennifer	F	X		10K	Open Female	1:18:52	07:53	12:43

1008	Frost	Jaime	F	X	10K	Open Female	1:19:07	07:54	12:45	
1003	Carter	Traci	F	X	10K	Open Female	1:37:12	09:43	15:40	
1034	Engelbert	Erin	F	X	10K	Open Female	1:37:12	09:43	15:40	
1045	Greer	Ross	M	X	10K	Open Male	0:48:01	04:48	07:44	
1000	Amirault	Mike	M	X	10K	Open Male	0:52:15	05:13	08:25	
1030	Viloria	Eli	M	X	10K	Open Male	1:01:27	06:08	09:54	
1039	Thompson	Amanda	F	X	10K	U18 Female	1:02:56	06:17	10:09	
1042	Gifford	Nathan	M	X	10K	U18 Male	0:55:04	05:30	08:52	
1040	Thompson	Elias	M	x	10K	U18 Male	0:55:05	05:30	08:53	
1044	Loveless	Lisa	F		X	10K	Masters I Female	1:27:04	08:42	14:02
1022	Mungall	Brenda	F		X	10K	Masters I Female	1:26:46	08:40	13:59
1027	Skip	Jean	F		X	10K	Masters I Female	1:26:46	08:40	13:59
1046	Thaly	Orsi	F		x	10K	Masters I Female	1:32:57	09:17	14:59
1012	Jenkins	Evelyn	F		X	10K	Masters II Female	1:24:14	08:25	13:35
1006	DeWitt	Teresa	F		X	10K	Masters II Female	1:27:04	08:42	14:02
1035	McTaggart	Bev	F		X	10K	Masters II Female	1:27:28	08:44	14:06
1016	Mabbett	Diana	F		X	10K	Masters II Female	1:32:56	09:17	14:59
1017	Mabbett	Richard	M		X	10K	Masters II Male	1:29:03	08:54	14:21
1047	Denkema	Lottie	F		X	10K	Open Female	1:32:57	09:17	14:59
1020	McLaughlin	Jennifer	F		X	10K	Open Female	0:59:33	05:57	09:36
1050	Anderson	Kodi	F		X	10K	Open Female	0:59:33	05:57	09:36
1032	Watson	Rebecca	F		X	10K	Open Female	1:35:10	09:31	15:20
1049	Davison	Sarah	F		X	10K	Open Female	1:35:10	09:31	15:20