

WOLVES CROSS-COUNTRY RUNNING SERIES

Individual Entry Form

Name _____

Team _____

Phone _____

Category: _____ (**Important:** Please use the alpha-numeric codes listed below e.g, F1, M41, etc.)

In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release Wolves Cross-Country Running, the organizers, their agents, representatives, successors, and assigns for any and all injuries suffered by me in the said event. In addition, I agree to let my name, picture, and/or results be published and/or broadcast in the media and/or on the internet.

Signature of athlete or parent/guardian

Steve Burgess Distances

Elementary Boys - Grade 1 to 3	m1	1.5 km
Elementary Girls - Grade 1 to 3	f1	1.5 km
Elementary Boys - Grade 4 to 6	m2	1.5 km
Elementary Girls - Grade 4 to 6	f2	1.5 km
Junior High Girls	f3	3 km
Junior High Boys	m3	3 km
Senior High Girls	f4	3 km
Senior High Girls	f41	5 km
Senior High Boys	m4	5 km
Senior High Boys	m41	8 km
College and Open Men	m5	8 km
College and Open Men	m51	5 km
College and Open Women	f6	5 km
College and Open Women	f61	8 km
Masters Men	m6	8 km
Master Men	m61	5 km
Masters Women	f6	5 km
Masters Women	f61	8 km

Note: Categories which have a MX1 or FX1 code are not the “standard” distance for that age group

Entry Fees: \$6 per person or \$15 per family for pre-registration - \$8 per person on race day.